

## PRESS RELEASE

## FAIR LAWN SENIOR CENTER

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## **FIVE WISHES**

Have you had "The Conversation?" The Fair Lawn Senior Center, in conjunction with North Jersey Villages, is hosting "5 Wishes," a workshop aimed at empowering older adults to voice their individual end-of-life care wishes and to provide a legal means to document their wishes. This free workshop takes place Thursday, June 23, 2022 at 1 p.m. During the workshop, attendees will consider the answers to these five important questions, or "wishes": Who do I want to make care decisions for me when I can't? What kind of medical treatment do I want? How comfortable do I want to be? How do I want people to treat me? What do I want my loved ones to know? Advance registration is necessary for this program. The Senior Center offers a Noon lunch (\$1.25 suggested donation) and reservations should be made at least 24 hours in advance by calling the Senior Center at 201-796-1191.