



Veteran Discussion Group

REALTALK TUESDAYS



Tuesday, February 22 @ 10am

American Legion

33 W. Passaic St., Rochelle Park, NJ 07662

Light refreshments will be served.

We encourage veterans, their family, and friends to join Bergen New Bridge Social Worker, Christina Dykenga, LCSW in discussing:

- Current health and wellness topics
- Strategies for managing stress and family life

We will be observing social distancing and masking protocols for safety.

Questions? veterans@newbridgehealth.org

Bergen New Bridge is a Veterans Community Care Provider
proudly serving the healthcare needs of veterans.

To access healthcare services at Bergen New Bridge

Veterans Access Line

201.225.7189

Monday – Friday • 8am to 5:30pm



A Clinical Affiliate of **RUTGERS**

NewBridgeHealth.org