

## December Dementia Caregiver Education Series

## Laura Wayman ~ The Dementia Whisperer's Overcoming Dementia Care Challenges

Tuesdays, December 7, 14, 21, & 28, 12 PM Free and open to the community

Join us as we learn strategies and techniques from the internationally recognized dementia care expert and author, Laura Wayman, who is giving meaning and purpose to those who are diagnosed with cognitive decline as well as peace of mind for their care-partners.

## Topics Include:

Becoming Dementia-Aware-Busting the Myths Surrounding Dementia

The Feelings and Emotions Remain-Learning to Talk to the Feelings, Pushing the Dementia-Aware Refresh Button

A Guide to Compassionate Communication and Successful Care Strategies

