

## Please Note:

All Programs are subject to change at the discretion of the staff, and new programs may be added as we continue to adapt to the needs of our participants during this time.

## **Have Questions?**

## **Contact the Programming Staff:**

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Sarah: sfeinmark@jccotp.org



Manufactura	Trees	We do so do so	Theorem	Fairle
Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	
10:00 Moving with Maurice	10:00 Moving with Maurice	10:00 Moving with Maurice	10:00 Moving with Maurice	10:00 Moving with Maurice
Full Body Exercise (please bring two "weights" and a towel)	Functional Movement (please bring two "weights" and a towel)	Boxing	Yoga and Stretching	Balance and Agility (please bring two "weights" and a towel)
			11:00 Virtual Bingo	
11:00 History Club	11:00 Trivia	44:00 Virtual Boad Trip	Will you be this week's big winner? Join us	11:00 Sing-A-Long
flect on memorable historic events, myster-	Challenge your brain with interactive trivia	11:00 Virtual Road Trip  Let's hit the road and see the sights!	for virtual Bingo and find out!	Join us as we follow the lyrics on screer and sing along to our favorite songs.
ies, and more!			2:00 Virtual Concert with Janice	
2:00 Virtual Concert with Ilya	2:00 Music Appreciation	2:00 IDEA School Presentation	Sing and Dance at home while we listen to	0.00 Net OL b
Sing and Dance at home while we listen to	Join us as we enjoy classical and contem-	Let's welcome a rousing debate over the	a live concert performed just for us!	2:00 Nature Club
a live saxophone and vocal concert per- formed just for us!	porary music	hot topics of today with the freshman class of the IDEA School		Join us as we venture into the wild.
10	11	12	13	14
10:00 Moving with Maurice	10:00 Moving with Maurice	10:00 Moving with Maurice	10:00 Moving with Maurice	10:00 Moving with Maurice
Full Body Exercise (please bring two "weights" and a towel)	Functional Movement (please bring two "weights" and a towel)	Boxing	Yoga and Stretching	Balance and Agility (please bring two "weights" and a towel)
			11:00 Virtual Bingo	_
11:00 History Club	11:00 Trivia	11:00 Virtual Road Trip	Will you be this week's big winner? Join us	11:00 Sing-A-Long
Join us as we share our memories and re- flect on memorable historic events, myster- ies, and more!	Challenge your brain with interactive trivia	Let's hit the road and see the sights!	for virtual Bingo and find out!	Join us as we follow the lyrics on screer and sing along to our favorite songs.
2:00 Virtual Concert with Hal	2:00 Music Ammusciations		0.00 \( \text{1.1} \)	
Sing and Dance at home while we listen to	2:00 Music Appreciation	2:00 Virtual Concert with Rhonda		2:00 Nature Club
a live concert performed just for us!	Join us as we enjoy classical and contem- porary music	Sing and Dance at home while we listen to a live concert performed just for us!	Sing and Dance at home while we listen to a live concert performed just for us!	Join us as we venture into the wild.

Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
CLOSED	CLOSED	10:00 Moving with Maurice	10:00 Moving with Maurice	10:00 Moving with Maurice
		Boxing	Yoga and Stretching	Balance and Agility (please bring two "weights" and a towel)
		11:00 Virtual Road Trip  Let's hit the road and see the sights!	11:00 Virtual Bingo Will you be this week's big winner? Join us for virtual Bingo and find out!	11:00 Sing-A-Long  Join us as we follow the lyrics on screen and sing along to our favorite songs.
		2:00 Virtual Concert with Selah Sing and Dance at home while we listen to a live concert performed just for us!	2:00 Virtual Concert with Reggie Sing and Dance at home while we listen to a live concert performed just for us!	2:00 Nature Club  Join us as we venture into the wild.
24	25	26	27	28
10:00 Moving with Maurice	10:00 Moving with Maurice	10:00 Moving with Maurice	10:00 Moving with Maurice	10:00 Moving with Maurice
Full Body Exercise (please bring two "weights" and a towel)	Functional Movement (please bring two "weights" and a towel)	Boxing	Yoga and Stretching	Balance and Agility (please bring two "weights" and a towel)
11:00 History Club  Join us as we share our memories and reflect on memorable historic events, mysteries, and more!  2:00 Virtual Concert with Thurnauer School  Special guest from the Thurnauer School will play and sing for us.	11:00 Trivia Challenge your brain with interactive trivia  2:00 Music Appreciation Join us as we enjoy classical and contemporary music	11:00 Virtual Road Trip Let's hit the road and see the sights!  2:00 Virtual Concert with Rhonda Sing and Dance at home while we listen to a live concert performed just for us!	11:00 Virtual Bingo Will you be this week's big winner? Join us for virtual Bingo and find out!  2:00 Virtual Concert with John M Sing and Dance at home while we listen to a live concert performed just for us!	11:00 Sing-A-Long Join us as we follow the lyrics on screen and sing along to our favorite songs.  2:00 Nature Club Join us as we venture into the wild.
closed  memorial DAY			<ul> <li>To Join a Zoom Meeting:</li> <li>If you receive weekly e-mails, enter the program by clicking the link in the e-mail.</li> <li>In the Zoom App, click Join Meeting, enter the Meeting ID Number, and passcode JCC:</li> <li>10AM Meeting ID: 976 6789 9602</li> <li>11AM Meeting ID: 959 9012 1723</li> <li>2PM Meeting ID: 924 9013 5478</li> </ul>	