

Free Dementia Care Events by Positive Approach for the Week of **April 5-11th, 2021**

Monday, April 5th

Ten with Teepa



8:00 am - 8:10 am US ET (-4 GMT)

Who doesn't want to spend a few minutes with Teepa each day? Join Teepa each morning as she showcases her own masterful blend of entertaining and teaching about dementia and dementia care. <u>Click here to</u> <u>view</u> or visit **teepasnow.info/tenwithteepa**

Brain Connection Café



3:00 pm - 4:00 pm US ET (-4 GMT)

Brain Connection Café is open to everyone looking to connect with others and exercise their body as well as their brain. <u>Click here to register</u> or go to teepasnow.info/braincafe

Alzheimers Support Network Gathering



4:00 pm - 5:30 pm US ET (-4 GMT)

Teepa Snow and Carolyn Lukert collaborate with Clarke Pollard and the Naples Caregiver Support Network to provide this free online support session each month. Join us in this safe place for care partners to seek information and guidance, talk about challenging situations, or the interesting opportunities dementia throws their way. <u>Click here to register</u> or go to teepasnow.info/osn





5:00 pm - 5:10 pm US ET (-4 GMT)

Join the PAC team for a nice blend of banter and dementia care awareness and knowledge. For about ten minutes at the end of each workday, connect with us and share it with a friend, too! <u>Click here to view</u> or visit **teepasnow.info/PAClive**

Tuesday, April 6th

Ten with Teepa



8:00 am - 8:10 am US ET (-4 GMT)

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PAC Live at Five



5:00 pm - 5:10 pm US ET (-4 GMT)

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Straight Up Positive



7:00 pm - 8:00 pm US ET (-4 GMT)

Straight up Positive (SUP) is a chance for PAC to highlight the members of our Certified Community and showcase the amazing work they are doing to support those living with dementia. While the show is geared toward our Certified Community, all are welcome to join, participate, and share in the positivity! <u>Click here to view</u> or visit **teepasnow.info/SUP**

Wednesday, April 7th

Ten with Teepa



8:00 am - 8:10 am US ET (-4 GMT)

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Click here to view or visit to teepasnow.info/tenwithteepa

Let's Talk: Time with Teepa



1:00 pm - 2:00 pm US ET (-4 GMT)

For People Living with Dementia only

These sessions are designed to provide a safe place where anyone living with dementia can come and share time with Teepa. This is an open forum for sharing successes, celebrations, frustrations, and challenges, and problem-solving with one another. <u>Click here to</u> <u>register</u> or visit teepasnow.info/talk





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Ask Teepa Anything!



7:00 pm – 8:30 pm US ET (-4 GMT)

This is your opportunity to get your questions answered!

Join us for a **LIVE broadcast** where Teepa will answer your dementia-related questions in real-time. We hope you will join us! <u>Click here to view</u> or visit www.facebook.com/teepasnows.pac

Thursday, April 8th

Ten with Teepa



8:00 am - 8:10 am US ET (-4 GMT)

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Friday, April 9th

Ten with Teepa



8:00 am - 8:10 am US ET (-4 GMT)

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Dementia Care Partner Talk Show Podcast



3:00 pm US ET (-4 GMT) new episode, previous episodes available now

This is the Dementia Care Partner Talk Show, a podcast to help you navigate the senior care maze. Learn and laugh with us as we discuss creative solutions and ideas to common and uncommon dementia care challenges, and how to make sense of the senior care industry and options when you're not a professional. <u>Click here to listen</u> or visit <u>teepasnow.com/talkshow</u>





5:00 pm - 5:10 pm US ET (-4 GMT)

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Saturday and Sunday, April 10-11th

Ten with Teepa



8:00 am - 8:10 am US ET (-4 GMT)

Yes, even on the weekends, Teepa broadcasts in the hopes of connecting with you. If you tune in on Sunday, you'll get to see her with her two cute grandsons showing that GEMS States are not only for dementia, but for all of us. <u>Click</u> <u>here to view</u> or visit to **teepasnow.info/tenwithteepa**