Kaplen Adult Reach Center

Please Note:

All Programs are subject to change at the discretion of the staff, and new programs may be added as we continue to adapt to the needs of our participants during this time.

Have Questions?

Contact the Programming Staff:

Sal: spintavalle@jccotp.org Sarah: sfeinmark@jccotp.org



Monday	Tuesday	Wednesday	Thursday
10:00 Moving with Maurice4Full Body Exercise (please bring two "weights" and a towel)	10:00 Moving with Maurice5Functional Movement (please bring two "weights" and a towel)	10:00 Moving with Maurice6Boxing	10:00 Moving with Maurice Yoga and Stretching
11:00 History Club Join us as we share our memories and re- flect on memorable historic events, myster- ies, and more!	11:00 Trivia Challenge your brain with interactive trivia	11:00 Virtual Road Trip Let's hit the road and see the sights!	11:00 Virtual Bingo Will you be this week's big win for virtual Bingo and find out!
2:00 Virtual Concert with Janice Sing and Dance at home while we listen to a live concert performed just for us!	2:00 Music Appreciation Join us as we enjoy classical and contem- porary music	2:00 Virtual Concert with Carlos Sing and Dance at home while we listen to a live concert performed just for us!	2:00 Virtual Concert with Ilya Sing and Dance at home while a live concert performed just fo
10:00 Moving with Maurice11Full Body Exercise (please bring two "weights" and a towel)	10:00 Moving with Maurice12Functional Movement (please bring two "weights" and a towel)	10:00 Moving with Maurice13Boxing	10:00 Moving with Maurice Yoga and Stretching
 11:00 History Club Join us as we share our memories and reflect on memorable historic events, mysteries, and more! 2:00 Virtual Concert with Selah Sing and Dance at home while we listen to a live concert performed just for us! 	 11:00 Trivia Challenge your brain with interactive trivia 2:00 Music Appreciation Join us as we enjoy classical and contemporary music 	 11:00 Virtual Road Trip Let's hit the road and see the sights! 2:00 Virtual Concert with Hal Sing and Dance at home while we listen to a live concert performed just for us! 	 11:00 Virtual Bingo Will you be this week's big wint for virtual Bingo and find out! 2:00 Virtual Concert with Rho Sing and Dance at home while a live concert performed just for

January

	Friday		
7	10:00 Moving with Maurice 8		
	Balance and Agility (please bring two "weights" and a towel)		
nner? Join us	10:45 Intergenerational Shabbat		
	11:00 Sing-A-Long		
	Join us as we follow the lyrics on screen and sing along to our favorite songs.		
а	2:00 Nature Club		
e we listen to or us!	Join us as we venture into the wild.		
14	10:00 Moving with Maurice 15		
	Balance and Agility (please bring two "weights" and a towel)		
	10:45 Intergenerational Shebbat		
nner? Join us	10:45 Intergenerational Shabbat		
nner? Join us	11:00 Sing-A-Long		
nonda			
	11:00 Sing-A-Long Join us as we follow the lyrics on screen		

Monday	Tuesday	Wednesday	Thursday
10:00 Moving with Maurice18Full Body Exercise (please bring two "weights" and a towel)	10:00 Moving with Maurice19Functional Movement (please bring two "weights" and a towel)	10:00 Moving with Maurice20Boxing	10:00 Moving with Maurice Yoga and Stretching
 11:00 History Club Join us as we share our memories and reflect on memorable historic events, mysteries, and more! 2:00 Virtual Concert with Joe Keys Sing and Dance at home while we listen to a live concert performed just for us! 	 11:00 Trivia Challenge your brain with interactive trivia 2:00 Music Appreciation Join us as we enjoy classical and contemporary music 	 11:00 Virtual Road Trip Let's hit the road and see the sights! 2:00 Virtual Concert with John M. Sing and Dance at home while we listen to a live concert performed just for us! 	 11:00 Virtual Bingo Will you be this week's big wint for virtual Bingo and find out! 2:00 Virtual Concert with Reg Sing and Dance at home while a live concert performed just for
10:00 Moving with Maurice 25	10:00 Moving with Maurice 26	10:00 Moving with Maurice 27	10:00 Moving with Maurice
Full Body Exercise (please bring two "weights" and a towel)	Functional Movement (please bring two "weights" and a towel)	Boxing	Yoga and Stretching
 11:00 History Club Join us as we share our memories and reflect on memorable historic events, mysteries, and more! 2:00 Virtual Concert with Janice Sing and Dance at home while we listen to a live concert performed just for us! 	 11:00 Trivia Challenge your brain with interactive trivia 2:00 Music Appreciation Join us as we enjoy classical and contemporary music 	 11:00 Virtual Road Trip Let's hit the road and see the sights! 2:00 Virtual Concert with Carlos Sing and Dance at home while we listen to a live concert performed just for us! 	 11:00 Virtual Bingo Will you be this week's big winn for virtual Bingo and find out! 2:00 Virtual Concert with Ilyates Sing and Dance at home while a live concert performed just for a live concert performed j
Keep your eyes open for next month's Hobby Classes at WWW.JCCOTP.ORG			To If you receive weekly In the Zoom App, click 10AW 11AW 2PM

	Friday
21	10:00 Moving with Maurice 22
	Balance and Agility (please bring two "weights" and a towel)
nner? Join us	10:45 Intergenerational Shabbat
	11:00 Sing-A-Long
eggie	Join us as we follow the lyrics on screen and sing along to our favorite songs.
e we listen to	
for us!	2:00 Nature Club
	Join us as we venture into the wild.
28	10:00 Moving with Maurice 29
	Balance and Agility (please bring two "weights" and a towel)
	10:45 Intergenerational Shabbat
nner? Join us	
	11:00 Sing-A-Long
<i>r</i> a	Join us as we follow the lyrics on screen and sing along to our favorite songs.
e we listen to for us!	2:00 Nature Club
	Join us as we venture into the wild.
o Join a Zo	om Meeting:

e-mails, enter the program by clicking the link in the e-mail.

- Join Meeting, enter the Meeting ID Number, and passcode <u>JCC</u>:
- Meeting ID: 976 6789 9602
- I Meeting ID: 959 9012 1723
- Meeting ID: 924 9013 5478