

## CRESSKILL SENIOR ACTIVITY CENTER 201-503-9831

## APRIL 2024 IN-PERSON / VIRTUAL / CALENDAR 38 Spring Street, Cresskill, New Jersey 07626 WWW.CRESSKILLBORO.COM



	Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 am Guided Meditation Zoom only Meeting#714 8119 7049 Password meditate 9:00 am Knitting & Crocheting 9:30 am Ballroom/Latin Dancing 11:00 am Stephen's Strength Training IN-PERSON/ZOOM Meeting #818 1255 7587 Pass Stephen 1:00 pm Book Club #1	9:30 am Stephen Basic Training In-Person/zoom Meeting # 818 1255 7587 Password Stephen 10:30am Movie "Bank of Dave" 1 h 47 m NO FLEX & FIRM w/ KIM TODAY NO ZUMBA CLASS w/ SALONEY TODAY 12:00 NOON Men's Poker 1:00 pm Watercolor LESSON #1	3 9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM Meeting#787 3764 5088 Password yoga 11:00 am IN-PERSON or ZOOM Stephen's Mat Class Meeting # 818 1255 7587 Pass Stephen 11:00 am French Conversation w/ Sandra 12:00 pm Game Day	4 9:30 am Mahjong 10:00 am Tai-Chi IN-PERSON or ZOOM Password 824244 NEW Meeting # 795 5264 1111 11 00 am Duplicate Bridge 11:00 am Writing Unlimited 6:30 pm Ukulele Jam Session w/ Beryl & The Bugs	5 10:00 am Kim's Pilates IN-PERSON or ZOOM Meeting#87023051168 Pass Cresskill 11:15 am Movin & Grovin w/ Kim Meeting# 87023051168 Password Cresskill 1:00 pm Susan's YMCA Exercise Meeting # 841 3153 9903 Pass word 4rVrG7
	8 9:00 am Guided Meditation Zoom only Meeting# 714 8119 7049 Password meditate 9:00 am Knitting & Crocheting 9:30 am Ballroom/Latin Dancing  11:00 am Stephen's Strength Training IN-PERSON/ZOOM  Meeting # 818 1255 7587 Pass Stephen	9 9:30 am Stephen Basic Training In-Person/zoom  Meeting #818 1255 7587 Password Stephen  PLEASE MAKE A NOTE: FLEX & FIRM AND ZUMBA WILL BE  HELD AT OUR COMMUNITY CENTER, 100 3RD ST, CRESSKILL  10:30 am FLEX & FIRM w/ KIM  12:00 NOON ZUMBA CLASS w/ SALONEY  12:00 Men's Poker  1:00 pm Watercolor LESSON #2  ART SHOW TODAY @ 12:30 pm  by Mylene Perez. Light refreshments will 1 be served	9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM Meeting#787 3764 5088 Password yoga 11:00 am IN-PERSON or ZOOM Stephen's Mat Class Meeting # 818 1255 7587 Pass Stephen 11:45 Bus Trip Meeting Time NO French Conversation Today 12:00 pm Game Day	9:30 am Mahjong 10:00 am Tai-Chi IN-PERSON or ZOOM Password 824244 NEW Meeting # 795 5264 1111 11 00 am Duplicate Bridge 11:00 am Writing Unlimited 6:30 pm Ukulele Jam Session w/ Beryl & The Bugs	12 10:00 am Kim's Pilates IN-PERSON or ZOOM Meeting#87023051168 Pass Cresskill 11:15 am Movin & Grovin w/ Kim Meeting# 87023051168 Password Cresskill 1:00 pm Susan's YMCA Exercise Meeting # 841 3153 9903 Pass word 4rVrG7
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tai tss	22 9:00 am Guided Meditation Zoom only Meeting# 714 8119 7049 Password meditate 9:00 am Knitting & Crocheting 9:30 am Ballroom/Latin Dancing 1:00 am Stephen's Strength Training IN-PERSON/ZOOM Meeting # 818 1255 7587 Pass Stephen	23 9:30 am Stephen Basic Training In-Person/zoom Meeting #818 1255 7587 Password Stephen 10:30 am Movie "Made in Italy" 1 h 33 m PLASE MAKE A NOTE: FLEX & FIRM AND ZUMBA WILL BE HELD AT OUR COMMUNITY CENTER, 100 3RD ST, CRESSKILL 10:30 am FLEX & FIRM W/KIM 12:00 NOON ZUMBA CLASS W/SALONEY 12:00 Men's Poker 1:00 pm Watercolor LESSON #4	24 9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM Meeting#7873764 5088 Password yoga 11:00 am IN-PERSON or ZOOM Stephen's Mat Class Meeting #818 1255 7587 Pass Stephen 11:00 am French Conversation w/ Sandra 12:00 pm Game Day	25 9:00 -1:00 pm  Blood Pressure Screening  10:00 am Tai-Chi  IN-PERSON or ZOOM Password 824244  NEW Meeting # 796 5264 1111  11 00 am Duplicate Bridge  11:00a am Writing Unlimited  6:30 pm Ukulele Jam Session	6 10:00 am Kim's Pilates IN-PERSON or ZOOM Meeting#87023051168 Pass Cresskill 11:15 am Movin & Grovin w/ Kim Meeting# 87023051168 Password Cresskill 1:00 pm Susan's YMCA Exercise Meeting # 841 3153 9903 Pass word 4rVrG7
	2 29	30 9:30 am Stephen Basic Training In-Person/zoom	ART SHOW	Wednesday, April 10th	

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9:00 am Guided Meditation Zoom only Meeting# 714 8119 7049 Password meditate 9:00 am Knitting & Crocheting

9:30 am Ballroom/Latin Dancing 1:00 am Stephen's Strength Training IN-PERSON/ZOOM

Meeting # 818 1255 7587 Pass Stephen

30 9:30 am Stephen Basic Training In-Person/zoom Meeting #818 1255 7587 Password Stephen

PLEASE MAKE A NOTE: FLEX & FIRM AND ZUMBA WILL BE HELD AT OUR COMMUNITY CENTER, 100 3RD ST, CRESSKILL 10:30 am FLEX & FIRM w/KIM 12:00 NOON ZUMBA CLASS w/SALONEY 12:00 Men's Poker 1:00 pm Watercolor LESSON #5

Tuesday, April 9 @ 12:30
Watercolor painting
presented by
Mylene Perez

Please RSVP to Donnajo

Broadway Trip
Those of you that have
signed up for "Wicked"
please meet at the center at
promptly at 11:45 am.