



# Younger-Onset Memory Café

Join us for our Younger-Onset Memory Café; a place where individuals with younger-onset memory loss and their caregivers can enjoy stimulating cognitive and brain activities while engaging with peers in a relaxed environment that promotes social engagement and support through interaction with others experiencing similar changes.

Third Wednesday of the month 11:30 a.m.-1 p.m.

Lunch will be provided. RSVP required.

For more information and to register contact Judi Nahary 201.408.1450 | [jnahary@jccotp.org](mailto:jnahary@jccotp.org)

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