



BERGEN NEW BRIDGE
MEDICAL CENTER
REALTALK
TUESDAYS
Veteran Discussion Group



Tuesday, May 17 @ 10:30am

American Legion
33 W. Passaic St., Rochelle Park, NJ 07662

We encourage veterans, their families, and friends to join **Warrior Strong Inc.** in a yoga class. We plan to be outside under the pavilion, weather permitting. Otherwise, we will be inside the community room. Lunch will be served after the session.

Please wear comfortable clothing and bring:

- A Yoga mat
- A Towel
- A Water Bottle

RSVP? veterans@newbridgehealth.org

**Bergen New Bridge is a Veterans Community Care Provider
proudly serving the healthcare needs of our veterans.**

To access healthcare services at Bergen New Bridge

Veterans Access Line
201.225.7189

Monday-Friday • 8am to 5:30pm

